In this next module, we're going to do some active practice editing a paragraph from a result section.,This table is from a paper I was editing for a student about running during pregnancy.,I'm showing you some relevant snippets from table two.,This,paper was concerned with what percent of runners continue running during pregnancy and breastfeeding, and how much and how hard they run.,Here is the original draft of the paragraph of the result section that corresponded to that table.,I am going to ask you, in a minute to pause the video and edit that paragraph on your own,, keeping in mind that since this table contains the main results of the study, it's OK to leave some key numbers in, but you have to pick and choose.,So now go ahead and pause the video and edit the exercise, and then restart the video, and I will walk you through my edits.,OK? Hopefully you noticed that the author here is just reading the table for you.,Hopefully you also noticed the repetition and wordiness in the prose.,I'm going to go through and edit this line by line.,Now, I picked out certain statistics to highlight that I thought were the most interesting.,And most interesting, it's fine if you chose to highlight different statistics, as long as you sufficiently paired the paragraph down.,There are actually many possible ways to edit this.,So starting with that 1st sentence, it says, the majority of runners rein during pregnancy.,And then we get all of these numbers.,I don't think we need the majority of and then all the people.,I think we can just say 70% of runners ran during pregnancy.,And then we get all of these details about the numbers in the different trimesters.,I don't think we need all of those.,I think we can just pick out the the most interesting one.,And the most interesting number to me was that almost a 3rd of these women were still running during their 3rd trimester.,So that's the statistic that I'm going to highlight there.,So I changed it to 70% of runners reentering pregnancy, and then I'm just giving the total end in the paren'theses so that we can avoid repeating the 77 in the 2nd sentence. And then I cut all of that material down to and almost one 3rd rean during the 3rd.,And I didn't think we needed the exact percentage there, so I got rid of that for the 2nd and 3rd sentences.,You can see that it's they're both about the runners cutting back on their mileage and intensity.,So we can combine those two ideas into a single sentence.,You'll also notice some repetition we have from the 70 women who re enduring pregnancy, and then at the end of those that sentence, we have those who reen So there's some repetition.,And we can make this little bit more concise.,So I peered all of this down to, on average, those who reend during pregnancy greatly curtailed their training.,That setting up both of those pieces, the mileage and the intensity, and then dash running just 20.3 plus or -9.3 mi per week.,These are runners, so that's actually not a lot for them.,And then I put and cutting their intensity to about half of their non pregnant running effort.,We don't need the percent, plus or minus percent.,About half is just fine there.,Then in the next sentence, I don't, didn't think we needed a small number percent three out of seven.,We don't need all of those statistics, so I'm just going to say three reported sustaining a running injury.,Well, pregnant, it's obvious that three is a small number.,Then the last two sentences go through all of these different statistics about resuming running during the postpartum period.,We don't need all of those.,We don't need to read through the entire table.,I picked out two key statistics that I thought were the most interesting.,So I noticed that nearly a quarter of the women resumed running within two weeks of giving birth, which I thought was a lot.,And then I thought it would be important to highlight what most women did.,And so if you look at the table, most women resumed running within two months.,So I'm going to highlight just those two statistics.,So I paired all that down to in the postpartum period, nearly a quarter waited two weeks to resume running, and actually I want to make that waited to or fewer weeks to resume running,, to highlight the fact that I thought that was a small amount, they waited two or fewer weeks to resume running, and most resumed running within two months.,So that was my edit. Your It may be somewhat different, but hopefully it paired that down greatly.,And here's my final edit, written out if you want to read it without all the red markings.

在下一个模块中，我们将进行一些积极的练习，编辑结果部分中的段落。这张表来自我为一个学生编辑的一篇关于怀孕期间跑步的论文。我向大家展示表二中的一些相关片段。这篇论文关注的是，有多少百分比的跑步者在怀孕和母乳喂养期间继续跑步？他们跑了多少钱，有多努力？以下是与该表对应的结果部分段落的原始草稿。过@@一会儿我会请你暂停视频，然后自己编辑那段话。请记住，由于此表包含了研究的主要结果，因此可以保留一些关键数字。但是你必须挑选。因此，现在继续暂停视频，编辑练习，然后重启视频，我将引导你完成我的编辑。好的，希望你注意到这里的作者只是在为你读表。希望你也注意到职业选手的重复和冗长。我将逐行仔细编辑这篇文章。现在，我挑选了某些统计数据来强调我认为对本次分析最有趣、最重要的统计数据。如果你选择突出显示不同的统计数据，只要你将段落充分配对即可。实际上，有很多可能的方法可以对其进行编辑。所以从第一句话开始。它说，大多数跑步者在怀孕期间跑步，然后我们得到了所有这些数字。我认为我们不需要大多数，然后是所有这些数字。我想我们可以说，70％的跑步者是在怀孕期间跑步的，然后我们得到了关于数字和不同三个月的所有细节。我认为我们不需要所有这些。我想我们可以挑出最有趣的一个，对我来说，最有趣的数字是，这些女性中有将近三分之一还在妊娠晚期跑步。这就是我要在那里重点介绍的统计数据。所以我把它改成了70%的跑步者在怀孕期间跑步，然后我只是在括号里给出总的结尾，这样我们就可以避免重复第二句话中的77个。然后，我把所有这些材料削减到孕晚期，差不多有三分之一是在妊娠晚期，但我认为我们不需要确切的百分比，所以我把它丢掉了。对于第二句和第三句话，你可以看到它们都是关于跑步者减少里程和强度，所以我们可以将这两个想法组合成一句话。你还会注意到一些重复。我们有77名在怀孕期间跑步的妇女，然后在那句话的结尾我们有那些跑步的女性。所以有一些重复，我们可以把它做得更简洁一点。因此，我将所有这些与那些在怀孕期间跑步的人平均水平相提并论，他们设置了这两个部分，里程和强度，然后冲刺，每周只跑20.3正负9.3英里。这些是跑步者，所以这对他们来说实际上并不多。然后我把他们的强度降低到他们未怀孕的跑步努力的一半左右。我们不需要47.9％，正负21％左右就可以了。然后在下一句话中，我认为我们不需要少量3.9％，77分之3，我们不需要所有这些统计数据。所以我只想说有三人报告在怀孕期间跑步受伤。很明显，三是一个很小的数字。然后最后两句话讲述了所有这些关于产后恢复跑步的不同统计数据。我们不需要所有这些，也不需要通读整张表格。我挑选了两个我认为最有趣的关键统计数据。所以我注意到，将近四分之一的女性在分娩后的两周内恢复了跑步，我认为这很多。然后我认为重要的是要突出大多数女性的所作所为。因此，如果你看一下表格，大多数女性在两个月内恢复了跑步，所以我将重点介绍这两个统计数据。所以我把所有这些都配对到产后时期，差不多四分之一，等了两个星期才恢复跑步。实际上，我想让它等了两个或更短的星期，才能恢复跑步，以突出一个事实，那就是我认为那微不足道。他们等了两周或更短的时间才恢复跑步。而且大多数在两个月内就恢复了运行。所以那是我的编辑。你的编辑可能会有所不同，但希望它能大大缩小这个范围。如果你想在没有所有红色标记的情况下阅读它，这是我写的最后一篇文章。